



"Trust is the glue of life. It's the most essential ingredient in effective communication. It's the foundational principle that holds all relationships."

— STEPHEN R. COVEY

About Me – Kristyn Haywood



A Leader's SIX Obsessions

This is a true Leader's obsessive quest



Up to 4 days Training delivered flexibly supported by Leadership Coaching Circles

A Leader's Six Obsessions

LEADERSHIP COACHING CIRCLES

Why Leadership Coaching Circles

The purpose of Leadership Coaching Circles is to create a monthly habit of self-reflection and discussion with a like-minded community of peer leaders.

What is Covered

Each circle covers each of 'A Leader's Six Obsessions'.

How is it Organised

- The circles take 1.5 hours, once a month.
- The facilitator takes the lead for the first 2-3 circles.
- The facilitator teaches the group the 'circle process'



A Leader's Six Obsessions



Obsession One: Foster Trust

Successful leaders are obsessed with fostering the kind of trust that compels their people to go above and beyond. Trustworthy leaders consistently develop their emotional intelligence, integrity and deepen their humility.



LEARNING OUTCOMES

- Learn 'The Seven Elements of Trust' model and self-assess strengths and development areas.
- Clarify personal boundaries and respect others' right to have theirs.
- Assess personal values, through a world renowned assessment, and align them with deeds.
- Develop the inspiring trait of owning, admitting and learning from mistakes.
- Identify unconscious bias programs that lead to divisive and misleading judgements.
- Recover from 'trust issues' quickly to get the team back on track.

A Leader's Six Obsessions

RESEARCH FROM WORLD RENOWNED LEADERSHIP EXPERTS



Brown







Patrick Lencioni



Michael Bungay Stanier



Stephen Covey



Simon Sinek



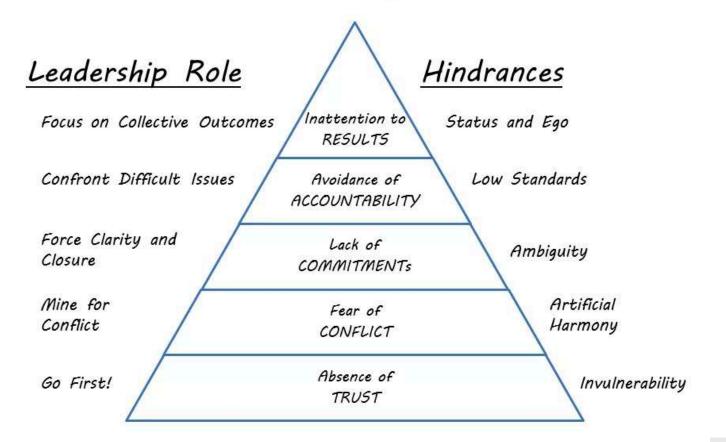
Marshall Rosenberg

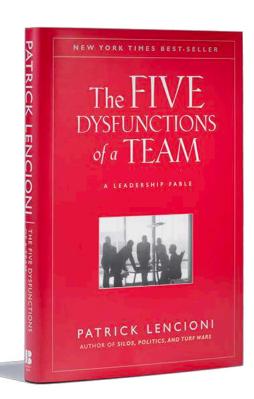


Daniel H. Pink



The Five Dysfunctions of Teams Summary









BRAVING

THE SEVEN ELEMENTS OF TRUST

Boundaries | You respect my boundaries, and when you're not clear about what's okay and not okay, you ask. You're willing to say no.

Reliability | You do what you say you'll do. At work, this means staying aware of your competencies and limitations so you don't over promise and are able to deliver on commitments and balance competing priorities.

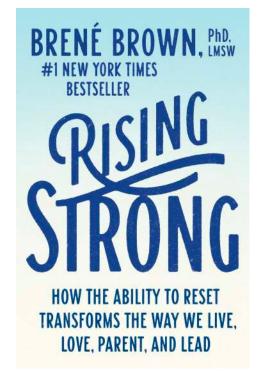
Accountability | You own your mistakes, apologize, and make amends.

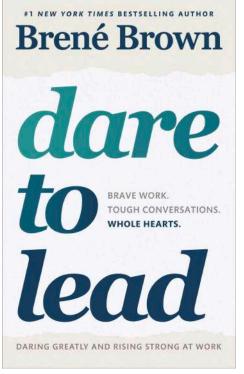
Vault | You don't share information or experiences that are not yours to share. I need to know that my confidences are kept, and that you're not sharing with me any information about other people that should be confidential.

Integrity | You choose courage over comfort. You choose what is right over what is fun, fast, or easy. And you choose to practice your values rather than simply professing them.

 $Nonjudgment \mid I$ can ask for what I need, and you can ask for what you need. We can talk about how we feel without judgment.

Generosity | You extend the most generous interpretation possible to the intentions, words, and actions of others.





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Reliability

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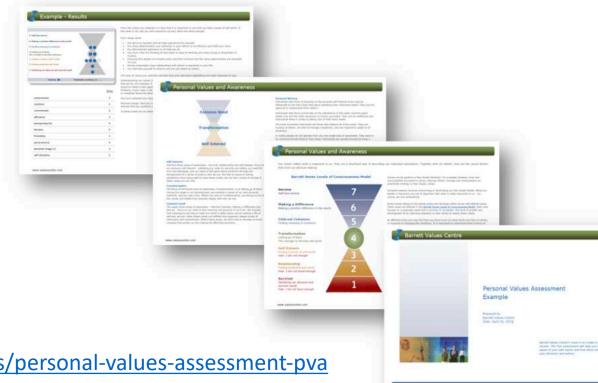
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https://www.valuescentre.com/our-products/products-individuals/personal-values-assessment-pva

- Achievement
- Compassion
- Adaptability
- Making a difference
- Courage
- Continuous Learning

- Open communication
- Fairness
- Independence
- Teamwork
- Integrity
- Creativity
- Initiative

- Humour/fun
- Leadership
- Competence
- Accountability
- Respect
- Honesty

Nonjudgement

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Generosity

I extend the most generous interpretation possible to the intentions, words, and actions of others.

Nonjudgement

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When you say "the story I'm making up,"
Brown says that it conveys "I want you to see me and understand me and hear me, and knowing what you really mean is more important to me than being right or self-protecting."

Generosity

I extend the most generous interpretation possible to the intentions, words, and actions of others.





How do you get trust back after it's been broken?

Our Signature Programs

OUR SERVICES

- Cultural, Leadership, and Engagement diagnostics in the form of 360-degree assessments and reports
- Facilitation on significant issues that could derail important programs of work.
- Executive/Senior Team Team Alignments

- Leadership Development at all levels
- Executive Coaching
- Design-thinking/agile methodologies to introduce new thinking into the business
- Ethics Training in the form of Dr. Mary Gentile's work
 - Giving Voice to Vales

COMPANIES PEOPLE FOR SUCCESS HAVE WORKED WITH:



THALES













